

A brief description of the integration of Western and Traditional Chinese Medicine (TCM) and the ways of thinking regarding Oncology.

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GuoYi.ZhengYi said, "If living things are harmonious, they will not succeed if they are the same."

Prigogine: "Western science and Western philosophy have always emphasized the duality between subject and object, which is contrary to Chinese philosophy that focuses on the unity of nature and man."

Nobel Prize winner William Lawrence Bragg: "The most important thing in science is not the acquisition of new facts, but the discovery of new ways of thinking."

Heisenberg: "In the history of human thought, the most valuable discoveries often occur at the intersection of two different lines of thinking."

Einstein: "We cannot solve problems in the same way of thinking that created them." Thought is the locomotive of historical progress, and way of thinking is the angle, way and method of looking at things.

Western medicine way of thinking

Science, also known as Western science, is a systematic knowledge system that accumulates, organizes and can test explanations and predictions about all things. Science emphasizes the specificity and falsification of prediction results. Its origins are the formal logic founded by Aristotle and others in ancient Greece and Bacon's

positivism during the European Renaissance from the 16th to 17th centuries, which constitute the basic connotation of science. Its main symbols are Copernicus' publication of "On the Movement of Celestial Bodies", Newton published "Mathematical Principles of Natural Philosophy", which is guided by scientific elementary particles and based on logical reductionism. It can be collectively called scientific logical reductionism. The application of thinking methods that tend to scientific logical reduction has always been a modern Mainstream way of thinking. Western medicine is the abbreviation of Western medicine and has a history of hundreds of years. The foundation of modern Western medicine is based on the so-called scientific theory. Claudius Galenus (129-216 AD) and others who were influenced by the humoral theory founded Western medicine. Due to the continuous evolution in the direction of science, until Today's based evidence medicine etc., Western medicine has gradually formed a medical system dominated by scientific logical reduction thinking, and has become today's modern medicine. Its main problem is that it has long regarded itself as science and ignored the human body as a whole and dialectical changes , treatment attaches great importance to generality and does not pay enough attention to personalized diagnosis and treatment, and the efficacy of its treatment is worrying.

TCM way of thinking

Philosophy is a discipline that studies universal, fundamental issues, including existence, knowledge, value, reason, mind, language and other fields. Hegel said that philosophy is its era grasped in thought. He also said that the dialectical logic law of positive and negative is inspired by the dialectical thinking of the Yin and Yang changes in the Book of Changes. What makes philosophy different from other

disciplines is that philosophy has a unique way of thinking. Ancient Chinese philosophy in the East is different from Western philosophy. It has a unique way of thinking and is also a systematic knowledge system. The great ancient Eastern philosopher Laozi (around 571-470 BC) created the Tao Te Ching of nature, which is a holistic way of thinking in philosophy. King Wen of Zhou (1152-1056 BC) founded the Book of YiJing, which is a theory of philosophical dialectical thinking. They can be collectively called Chinese philosophical holistic dialectics. They apply the holistic dialectical thinking of philosophy and have a history of thousands of years. Ignored by the international community, people did not realize it until the quantum era of light. The traditional Chinese medicine we are talking about now is actually the abbreviation of ancient Chinese medicine, which has a history of thousands of years. One of the foundations of traditional Chinese medicine is ancient Eastern (Chinese) philosophy. TCM founded by Huang Di and others is also called Chinese medicine. The Yellow Emperor's Internal Classic clearly states that yin and yang are the way of heaven and earth, which means that Tao is the law of the universe and the origin of the world. , Tao has guided traditional Chinese medicine for thousands of years. As far as the way of thinking is concerned, Chinese medicine applies the holistic dialectical thinking method of Chinese philosophy as a guide. For example, it uses the theory of yin and yang and the five elements to explain the objective existence and relationship between the human body and nature, including the correspondence between heaven, earth and man, and the five movements and six qi that form the whole. Concept, clinical treatment is based on syndrome differentiation based on personality, and natural methods such as traditional Chinese medicine, acupuncture and moxibustion are used in treatment, which

fills the shortcomings of world medicine and is being valued by the world's medical community. The main problem is that there is no unified standard for personalized diagnosis and treatment, insufficient attention is paid to the common characteristics of diseases, and there are many difficulties in promotion.

The above different ways of thinking in Chinese and Western medicine are general. Of course, each may have some of the other's way of thinking. There is no absolute limit. The separate explanations above are to briefly describe the main ways of thinking of each. Faced with the respective shortcomings and limitations of world medicine, Chinese and Western medicine, scientific and philosophical cooperation requires the search for new medical ways of thinking,

Integrated Western Medicine with TCM Ways of thinking regarding Oncology

Integrated Western Medicine with TCM way of thinking is also called the third medical way of thinking. The different ways of thinking between Chinese and Western medicine are due to the different political and economic conditions. Society, humanities, psychology, environment, etc., form different medical systems. At present, the main medical systems in the world are TCM and Western medicine, and they serve the same people. The medical systems formed by two different ways of thinking have their own advantages and disadvantages, but neither of them can completely solve the real objective medical world problems. The public talks about the public's principles, and the mother-in-law talks about the mother-in-law's principles. As chickens and ducks talk, sometimes even to the point of incompatibility. To the extent that they are compatible, for example,

the pathogenesis definitions of cancer in Chinese and Western medicine are obviously different: the scientific definition of cancer in Western medicine is: Tumor is the genetic level of a certain cell in a local tissue of the body under the action of various carcinogens. The loss of normal control of its growth leads to the formation of new organisms' (Western Medicine Pathology) caused by abnormal cell proliferation, that is, cells divide malignantly and grow blindly, destroying the order of the body and producing cancer.

There is no term cancer in the classic works of TCM, but we can find words such as yan' (meaning cancer is as hard as a mountain rock), mass accumulation, regurgitation, lactation, throat louvers, stone galls, five-color belt, etc. Corresponding disease name. According to the basic theory of overall syndrome differentiation in the philosophy of traditional Chinese medicine, yang transforms qi, yin forms and clinical syndrome differentiation research constitutes the definition of cancer in traditional Chinese medicine: tumors are caused by various causes, pathogenesis and pathology of traditional Chinese medicine. Due to changes in the overall qi of the body, righteous qi is deficient and evil qi is abundant. The various syndrome types produced form systemic diseases and local cancer lesions.

Through the comparative study of the definition of cancer in Chinese and Western medicine, we realize that due to their different ways of thinking, Chinese and Western medicine have different theoretical frameworks and treatment methods for cancer, which has resulted in the inability to understand and communicate in cancer medicine for many years, and cannot complement each other. Only comprehensive The multi-discipline of comprehensive TCM under the guidance of medical thinking is expected to solve this problem. Because Chinese

and Western medicine use mutually incomprehensible ways of thinking, new ways of thinking are needed to solve problems existing between Chinese and Western medicine and implement cooperation. In fact, Chinese medicine and Western medicine have many common languages in clinical aspects. They are not incompatible in basic theory. How to seek common ground while reserving differences and complement each other's advantages. GuoYi.ZhengYi said, "If living things are harmonious, they will not succeed if they are the same." Heisenberg said: "In the history of human thought, "The most valuable discoveries often occur at the intersection of two different lines of thinking." In order to solve real-world medical problems, more than a hundred years ago in China, in order to obtain better clinical medical effects, Dr. Zhang, Xichun who is a represented Huitong School of Chinese and Western Medicine, and his representative work Zhongzhongcaxilu (Medicine used TCM and Western Medicine), once became the forerunners of the integration of Chinese and Western medicine at the intersection of ways of thinking, because they have received education and practice in the medical systems of Chinese and Western medicine with two different ways of thinking. , started the work of integrating traditional Chinese and Western medicine in a new way of medical thinking. After more than a century of efforts, the subsequent integration, cooperation, complementation, synergy, synthesis, integration, equal emphasis, combination, tradition and modernity, modern Chinese medicine, and more Disciplines, new medical lifestyles, Taoism, new medicine, etc., all of which are Chinese and Western, actually all mean a new way of medical thinking. Later, many leaders advocated it. After long-term research and practice at home and abroad, this The high-end system has made new progress

and development. A new medical way of thinking that combines scientific logical thinking and philosophical dialectical thinking may produce a new philosophical medical system, which is both a worldview and a methodology. Taking Chinese and Western medicine as an example, how do they view whether patients are sick? In addition to medical history, Western medicine diagnoses diseases by paying special attention to physical examination, laboratory, bioelectrical and imaging examinations, practicing so-called evidence based medicine. (Scientific Evidence Diagnosis), The diagnosis of TCM does not require the support of expensive instruments and laboratories. It uses the four holistic diagnoses (inspection, smell, inquiry, and palpation) and the eight philosophical principles (philosophical syndrome differentiation and diagnosis) to diagnose and then apply medicine according to the condition. For example, I helped patients of lung cancer, using the diagnosis of comprehensive philosophical medicine, 1. Western medicine diagnosis: lung cancer, 2. Traditional Chinese medicine diagnosis, there are at least five syndrome types(TCM call Zheng): (1) Qi and Yin deficiency syndrome (2) Spleen deficiency and phlegm-dampness syndrome (3) Qi Stagnation and Blood stasis syndrome (4) Lung and kidney deficiency syndrome (5) Cancer toxic heat syndrome. The above are only the five most basic syndrome types. In fact, more syndromes can be identified based on specific clinical symptoms... This is why traditional Chinese medicine has unlimited vitality. Under the framework of Western medicine cancer diagnosis, detailed diagnosis of traditional Chinese medicine is implemented. Based on the most accurate diagnosis, doctors give corresponding treatments such as traditional Chinese medicine, acupuncture and moxibustion. The author has cured many patients and achieved good results, avoiding the

damage and side effects of radiotherapy and chemotherapy. The comprehensive way of thinking of traditional Chinese medicine makes up for their respective shortcomings and retains their respective advantages, which has a revolutionary role. Win-win cooperation has the potential to change the ecology of medical diagnosis and treatment of cancer in the world.

Scientific method is a metaphysical method, philosophy method is a dialectical method, integration of both method can provide oncologists with a broader view and can increase the chance to extend the patients lives. It complementary each other for medical benefit.

A similar situation exists in the United States, the home base of Western medicine. Although there were laws and practices related to acupuncture and Eastern medicine 50 years ago, the dawn of integrative (integrated) medicine was nearly 20 years ago. According to the NIH of the American Academy of Medicine in 1998 The Office of Center Complementary and Alternative Medicine (OCCAM), known as comprehensive and alternative medicine, was established in the same year. In the same year, the Office of Cancer Complementary and Alternative Medicine (OCCOM) was also established. In 2014, the National Center for Comprehensive and Alternative Medicine, including traditional Chinese medicine, was established. The National Center for Comprehensive and Integrative Health (NCCIH) mainly deals with cancer and difficult diseases, and also has some integrative medical thinking methods. However, learning Eastern philosophy is quite difficult for those in Western cultures to learn integrative philosophical medicine. The collaboration of thinking methods is establishing our new correct understanding of the disease, producing new theories and high curative effects. In summary, it builds a bridge of comprehensive

traditional Chinese medicine and builds a world under the guidance of the most advanced new medical thinking methods. The new system of medicine may be the most important task in today's medical field. It may generate huge new productivity and solve major medical problems including cancer. It may also inspire the development of other professions. I hope this article will contribute to the new development. Medical colleagues can be helpful and reference.

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Treatment of SARS with Both TCM and Western medicine 3. The Psychological Healing using integrative western and Oriental Medicine

Causing my job I received thanks letter from White House and President several times.

A simplified diagram of the new medical way of thinking is attached:

